



THE SPA  
AT FLYING HORSE™

*Indulge Yourself,  
Body and Soul*

If you've ever doubted the restorative power of herbs, water, and a soothing massage, treat yourself to a day of lavish delights in The Spa at Flying Horse.

Trust us, you'll come away a believer.

Our rejuvenating therapies and curative treatments are so indulgent, relaxing, and deliciously refreshing, we promise you, you'll leave an entirely new person—inside and out.

Discover the difference. Today.

*The Spa at Flying Horse.*

*Where luxury meets wellness.*

**Hours of Operation\***

Tuesday - Thursday 10a.m. - 7p.m.

Friday - Saturday 9a.m. - 7p.m.

\*Non-Members Welcome by Appointment(s)

*Preferred Pricing for Club Members*

(719) 487-2614

*Spa Day Packages*  
**SPA DAY PACKAGES**

*Day packages offer the convenience and affordability to tailor your needs.*

**Just Desserts**

Pamper and nourish your skin with these special treats.

- Signature Facial
- Signature Massage
- Fresh Seasonal Berries

150 minutes / \$155 • Member / \$145

**Skin Quench**

Give your skin the additional moisture needed in our dry climate.

- Hydration Body Treatment
- Hydralescence Facial
- Paraffin Dip of Hands & Feet

150 minutes / \$205 • Member / \$190

**Head to Toe**

Indulge yourself!

- Signature Facial
- Signature Massage
- Manicure
- Pedicure
- Poolside Lunch

270 minutes / \$235 • Member / \$220

**Flying Horse Indulgence**

The *best* of our treatments combined in a package for your ultimate spa experience.

- Salt Glow with Massage
- Firming and Lifting Facial
- Nectar Nirvana
- Poolside Lunch

300 minutes / \$305 • Member / \$290

# Facial Therapies

## FACIAL THERAPIES

*Our professional esthetic team is trained in botanical, aroma-therapeutic products by Yonka (fruit and marine) designed to 'treat' your skin. Appearance, lifestyle and nutrition are collectively evaluated to achieve optimum benefits and results.*

### Flying Horse Signature Facial

A complement to all skin types. Start with a steamed deep pore cleanse followed by extractions, a facial massage, a specialty concentrate and a moisturizer to enhance your complexion.

50 minutes / \$90 • Member / \$76

### Gentlemen's Facial

A man's skin requires a different regime of products and technique. All skin types are considered, however, non-perfumed natural products will optimize his skin. Deep pore cleansing, extractions, facial massage, moisturizer, and scalp massage complete this treatment.

50 minutes / \$85 • Member / \$70

### Renewal Facial

Designed for the sun damaged or hyper-pigmented skin type. AHAs and BHAs are utilized for healthy skin renewal and smoother skin. A luminous complexion will be the end result. Also available in packages of four treatments for more dramatic results.

50 minutes / \$90 • Member / \$76

80 minutes / \$115 • Member / \$98

### Firming and Lifting Facial

A specialty facial designed and scientifically proven to 'uplift' and firm the facial skin to the optimum. Active ingredients are utilized throughout this treatment. A noticeable difference in skin tone and radiance.

Your skin will love the enhancement!

80 minutes / \$125 • Member / \$105

## FACIAL THERAPIES

(CONTINUED)

### Acne Treatment

A facial treatment designed for troubled acneic skin. Cleansing, deep exfoliation and micro peeling assist in bringing out impurities and promoting new cell turnover. Series available for advanced correction.

50 minutes / \$80 • Member / \$70

80 minutes / \$95 • Member / \$85

### Sensitive Skin, Specifically

Sensitive skin requires a delicate blend and specialized treatment. Nutrients from G.M. Collins deliver a soothing and nurturing mask that leaves your skin balanced, restored, calm and hydrated.

80 minutes / \$125 • Member / \$105

# Waxing Services

## WAXING SERVICES

	Member Pricing
• Lips, Chin . . . . .	\$15 ea. \$12
• Brows. . . . .	\$20 \$17
• Underarm . . . . .	\$20 \$17
• Partial Leg . . . . .	\$25 & up \$20 & up
• Bikini . . . . .	\$30 & up \$25 & up
• Back . . . . .	\$50 & up \$42 & up
• Full Leg . . . . .	\$65 \$55
• Brazilian . . . . .	\$65 & up \$55 & up
• Chest . . . . .	\$25 & up \$20 & up



## MASSAGE THERAPIES

*Massage is an integral part of maintaining your energy balance and physical dynamics. Benefits are multi-dimensional affecting physical, emotional and psychological optimization. Massage helps to improve circulation and aids in the elimination of toxins. It is one of the most effective treatments in reducing stress and relief from aches and pains.*

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### Reflexology Massage

Treat your feet to a specific massage designed just for them! This massage stimulates reflex areas that correspond with meridians to the body's organs. Great for tired feet!  
25 minutes / \$50 • Member / \$40

### Pregnancy Massage

A massage designed for Mom and Baby during the second or third trimester. A nurturing treat for the two of you!  
50 minutes / \$90 • Member / \$76

### Flying Horse Signature Massage

A relaxing Swedish massage designed to relax, de-stress and renew.  
50 minutes / \$85 • Member / \$70  
80 minutes / \$105 • Member / \$90

### Deep Tissue Massage

A massage designed for the athlete in mind. Deep penetration of tissues alleviate muscle soreness and aids in the recovery of overworked muscles.  
50 minutes / \$100 • Member / \$85  
80 minutes / \$115 • Member / \$98

## MASSAGE THERAPIES

(CONTINUED)

### Stone Massage

Warmed basalt stones enhance a massage through penetrating muscle tissue at a deeper level. This massage leaves one with a feeling of internal warmth, relaxation and nurturance.  
80 minutes / \$120 • Member / \$100

### Mini Massage

A Specialty massage of your choice of a specific region of your body 'in need'. Concentration is limited to that specific area.  
25 minutes / \$50 • Member / \$45

## COUPLES MESSAGES

*Our dual treatment room affords the luxury and intimacy for a romantic interlude.*

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### Couples Massage

Candlelight, Rose Petals & an Aromatherapy Massage set the stage for romance when sharing a massage side by side.  
50 minutes / \$190 • Member / \$160  
80 minutes / \$260 • Member / \$220

### Couples Celebration Massage

An aromatherapy bubble bath soak in our dual Jacuzzi bath sets the mood for this romantic treatment. An 80 minute aromatherapy massage with rose petals and candlelight soften emotions and muscles. Cheese tray and champagne top off this treatment at The Club.  
155 minutes / \$300 • Member / \$255



## Body Treatments

### BODY TREATMENTS

Treats for the body in a variety of ways. Choose the treatment of choice for your birthday suit. An added enrichment is the Vichy shower which gently massages your body is included in each of the following services.

#### Hydration

A deep nourishment of moisture for your body. A phyto exfoliation starts this treatment, followed with a warmed algae body mask fragrant with flower essences. Essential oils and a moisturizer complete your reconditioning!  
80 minutes / \$115 • Member / \$98

#### Contouring

Body smoothing and contour strengthening are important components in the fight against cellulite. Compression bandages and energizing body cream are applied to assist your body to look your best. Series of treatments recommended for best results.  
80 minutes / \$115 • Member / \$98

#### Polishing Salt Glow with Massage

Start with an aroma-therapeutic exfoliation, take an invigorating Vichy shower and complete with a relaxing massage. Your body will love the polished pamperment!  
80 minutes / \$120 • Member / \$100

#### Detoxifying

A stimulating buffing of the body prepares your skin for the herbal-citrus body wrap. This wrap penetrates and allows your skin a deep cleansing to improve micro circulation. A Vichy shower to invigorate and an aroma therapeutic moisturizer to complete your experience.  
50 minutes / \$85 • Member / \$70

## Nail Care

### NAIL CARE

Enjoy the pampering of your nails with the state of the art spa pedicure thrones that massage and indulge. Choose from a variety of nail services for your hands and feet!

#### Flying Horse Signature Manicure & Pedicure

Both nails and skin receive special attention through a hot oil soak and aromatherapy massage. Special concentration to cuticles and callouses.

Spa Manicure 25 minutes / \$35 • Member / \$30

Spa Pedicure 50 minutes / \$55 • Member / \$45

#### Extras:

#### Member Pricing

• French Manicure or Pedicure . . . .	\$10	\$8.50
• Excess Callous . . . . .	\$10	\$8.50
• Paraffin Dip of Hands . . . . .	\$10	\$8.50
• Paraffin Dip of Feet . . . . .	\$15	\$12.00
• Polish Change . . . . .	\$15	\$12.00

#### Foot Therapy

Revitalize your tired feet with special attention: A Pedicure, Foot Massage, and Paraffin Dip will lighten your load!  
80 minutes / \$100 • Member / \$85

#### Nectar Nirvana for Nails

Floral and fruit essences are combined in this specialty manicure and pedicure. Start with a mandarin ginger soak with flower petals followed with a lemongrass and lavender exfoliation, aromatherapy massage, paraffin dip and starfruit moisturization complete this treatment.  
80 minutes / \$115 • Member / \$98



THE SPA  
AT FLYING HORSE



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**Spa Amenities**

Whirlpool  
Steam Room  
Relaxation Room

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**To Find Us...**

Take I-25 to Interquest Parkway, turn east, stay on Interquest (Highway 83) and follow the signs.

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**Other Essentials...**

**Gift Certificates**

Ideal gift with year round enjoyment!  
Dollar amount for service or retail purchases.  
Phone and mail orders accepted.

**Gratuities**

Are not included in service pricing.

**Payment**

Credit cards and membership numbers are accepted.

**Spa Reservations and Cancellations**

For an appointment please call (719) 487-2614  
A reservation is strongly recommended to assure you of your booking.

Your treatments are reserved specifically with you in mind. A 24 hour advance notice of cancellation is requested. No shows will be charged 100%. Cancellations within 24 hours will be charged 50% of the scheduled treatment. A credit card will be required for a reservation.

*Where Beauty Is More  
Than Just Skin Deep.*

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At The Spa at Flying Horse,  
good looks are only the beginning.

With state-of-the-art facilities, and a full complement of unique, personal amenities for men, women, and children, we're the ideal retreat for the entire family.

So stop in soon.

Or better yet, call today and apply for a money-saving Club Membership.

*The Spa at Flying Horse.*

*It feels as good as it looks.*

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